

# STEPS TO MAKE A VISION BOARD

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1

## ORGANIZE

Make sure you have all your Vision Board supplies together. Protect the table from glue with newspapers or plastic.

2

## IMAGINE

Think about your future in terms of one, five, and lifetime goals. What do you want to accomplish?

3

## PLAN

Decide on the steps you'll take or create the action plan you'll use to meet your future goals.

4

## FIND

Looking at the magazines and catalogs that you have, find pictures to match your goals.

5

## SEARCH

Go through your magazines to search for words and phrases that go with your goals. Or create your own and print them out.

6

## LAYOUT

Plan how you want your Vision Board to look. Create different layouts to find the one you like.

7

## GLUE

Time to glue all your words and pictures into place using the layout that means the most to you.

8

## ADD

Using pens, markers, and glitter glue add additional words and numbers to better define your goals

9

## DECORATE

Use Washi tape and paint markers to decorate the Vision Board. Make it pleasing to look at daily.

10

## VIEW

Place your Vision Board on your bureau or hang on a wall so that you'll look at it each day.